



GO *solo*

SOUTHERN INDIA & SRI LANKA

SACRED TEMPLES, SPICE GARDENS *and* SERENDIPITY.

February 4 – 23, 2019

Explore India's tropical south and Sri Lanka's idyllic coastline on this Go Solo trip of a lifetime. From discovering ancient temples, beautiful spice gardens and exotic wildlife, to enjoying the serenity of elegant houseboats and sun-soaked beaches, this epic 18-day adventure has it all.

 **AMA**
Travel

ITINERARY

Kumarakom | Alappuzha | Thekkady | Kochi | Colombo | Dambulla | Kandy | Nuwara Eliya | Bentota

- Feb 4-5** Depart from home city; arrive in Delhi, then connect on a domestic flight to Cochin
- Feb 6** Arrive in Cochin (Kochi) and transfer by coach to the Aveda Resorts & Spa in Kumarakom; join the welcome dinner at the hotel
- Feb 7** Experience village life in Kumarakom as part of the local Responsible tourism programme; the afternoon is free to enjoy a massage or perhaps a spa treatment?
- Feb 8** After breakfast, transfer to Alleppey and visit the Lion Ladies Club of Alleppey; embark on a deluxe houseboat in Alleppey, exploring the emerald waterways of Alappuzha
- Feb 9** Disembark, then drive to the Thekkady spice plantation and enjoy a traditional banana leaf lunch, continue to the Periyar wildlife sanctuary, previously a dedicated tiger reserve
- Feb 10** Start the day with a boat ride on Periyar Lake, spotting elephants on the banks; in the evening watch Kalaripayattu, a display of 13th century martial arts
- Feb 11** The day is taken up with a scenic drive through Kerala province to Kochi; transfer to the Crowne Plaza Hotel
- Feb 12** Enjoy a Kochi city tour including the Dutch palace, Paradesi Synagogue and Folklore Theatre and Museum; in the evening, be mesmerized by a Kathakali dance performance
- Feb 13** Start the day with a walking tour at Fort Kochi, and see the cantilevered fishing nets; then meet Chef Nimmy Paul for a traditional Kerala cooking demonstration and enjoy lunch in her home
- Feb 14** Following a morning yoga session, transfer to the airport for your flight to Colombo, Sri Lanka's seaside metropolis
- Feb 15** A morning tour of Colombo city, then visit Anuradhapura, one of the greatest and oldest civilizations in the world
- Feb 16** Climb up the Lion's Rock at the Sigiriya Rock Fortress, a World Heritage Site resembling the mythological "City of Gods"
- Feb 17** Visit the Dambulla rock cave temple, a Sri Lankan icon; visit a spice garden in Matale in the Central Province, then continue to Kandy, an area of tropical tea plantations
- Feb 18** Visit Kandy, the last capital of Sri Lankan kings, and experience the Temple of the Sacred Tooth Relic of Lord Buddha, an ancient legacy
- Feb 19** After morning yoga transfer to Tea Country in Nuwara Eliya, a beautiful, lush mountain station, referred to as the 'Little England of Sri Lanka'
- Feb 20** Visit Galle, the epic Southern capital, and explore Galle Fort with its original ramparts and bastions, preserved for more than 3 ½ centuries. Continue to the exquisite Bentota beach, home for the next 3 days
- Feb 21** Visit a turtle hatchery at Kosgodia Beach and release baby turtles into the ocean!
- Feb 22** Enjoy a leisurely day at Bentota Beach
- Feb 23** After a restful morning, transfer to the airport for the homeward flight

INCLUSIONS AND HIGHLIGHTS

- International flights from Edmonton/Calgary to Cochin, India and returning from Colombo, Sri Lanka
- 17 nights in 4-star accommodations, including 1 night in a deluxe houseboat
- Daily breakfast, welcome and farewell dinners, 2 specialty lunches
- Yoga sessions and one massage
- Cooking demo with Chef Nimmy Paul, renowned for her traditional Kerala cuisine
- Four World UNESCO historical sites in Sri Lanka
- English-speaking drivers/guides
- Prepaid gratuities for guides, drivers and porters
- Hosted by AMA product specialist, **Elaine Le Jambe**, based on 18 booked passengers



Elaine Le Jambe

NOT INCLUDED

- Meals not mentioned as being included
- Items of a personal nature
- Travel insurance
- Tourist Visas for India and Sri Lanka

AMA MEMBER RATES

Go Solo for \$8,675 Share a room for \$7,475 per person
Air Taxes/Fees of \$633 are additional and subject to change. Professional consulting fees apply and are not included in the advertised rates.

RESERVATIONS

A non-refundable deposit of **\$600.00** per person is due at time of booking. Final payment is due no later than **October 29, 2018**

Cancellation	Penalty per person
Up to October 28th	\$600
October 29th to day of departure	100% of total package

INSURANCE

AMA strongly recommends the purchase of trip cancellation and/or medical insurance. Ask your AMA Travel Counsellor for coverage details and rates.

GENERAL INFORMATION

Rates are quoted in Canadian dollars, per person, based on the room occupancy selected and are subject to availability at time of booking. Rates do not include taxes, fees, meals or sightseeing unless indicated, or items of a personal nature. Airline taxes/fees, including fuel surcharges, are subject to change without notice.



To learn more about this Go Solo trip to paradise, talk with an AMA Travel Counsellor at one of our 17 centres, call us toll-free at **1.877.589.8413** or visit **AMATravel.ca/GoSolo**

RESPONSIBILITY

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